

CRUMB CAKE DESSERT BAR DATA

Marylou's News, Inc.

Blueberry Crumb Cake	
sugar, enriched flour, eggs, water, soy bean oil, blueberries, modified corn starch, whey, mono and diglycerides, vitol wheat gluten, baking powder, salt, natural and artificial flavor, sodium stearoyl lactylate, sorbate monostearate, nonfat milk, calcium acetate, guar gum, xanthan gum, polysorbate 60.	
Nutrition Facts	
Serving Size: 116g (1 cake)	
Amount Per Serving:	
Calories per Serving	470
Calories from Fat	220
Total Fat	25g
Saturated Fat	6g
Cholesterol	85mg
Sodium	360mg
Total Carbohydrate	53g
Dietary Fiber	1g
Sugars	31g
Protein	6g
This product should not be consumed by those individuals with allergies to Gluten, Eggs, Soy, Dairy, Sulfites, Tree Nuts, or Peanuts.	

Chocolate Crumb Cake	
enriched flour, whole eggs, sugar, vegetable oil, cocoa powder, corn starch, whey, baking powder, baking soda, wheat gluten, vanilla, non-fat milk, salt, crumbs: flour, butter, sugar, vanilla, cocoa powder, fudge base.	
Nutrition Facts	
Serving Size: 147g (1cake)	
Amount Per Serving:	
Calories per Serving	620
Calories from Fat	290
Total Fat	33g
Saturated Fat	7g
Cholesterol	55mg
Sodium	420mg
Total Carbohydrate	76g
Dietary Fiber	1g
Sugars	38g
Protein	7g
This product should not be consumed by those individuals with allergies to Chocolate, Chocolate Derivatives, Eggs, Gluten, Soy, Corn, Sulfites, or Dairy.	

Apple Crumb Cake	
sugar, enriched flour, eggs, water, soy bean oil, apples, modified corn starch, whey, mono and diglycerides, vital wheat gluten, baking powder, salt, natural and artificial flavor, sodium stearoyl lactylate, sorbate monostearate, non-fat milk, calcium acetate, guar gum, xanthan gum, polysorbate 60.	
Nutrition Facts	
Serving Size: 5 3/5 oz. (1 cake)	
Amount Per Serving:	
Calories per Serving	590
Calories from Fat	270
Total Fat	31g
Saturated Fat	7g
Cholesterol	110mg
Sodium	450mg
Total Carbohydrate	68g
Dietary Fiber	1g
Sugars	38g
Protein	7g
This product should not be consumed by those individuals with allergies to Gluten, Dairy, Soy, Corn, Sulfites, Tree Nuts, or Peanuts.	

Raspberry Crumb Cake	
sugar, enriched flour, eggs, water, soy bean oil, raspberries, modified corn starch, cinnamon, whey, mono and diglycerides, vitol wheat gluten, baking powder, salt, natural and artificial flavor, sodium stearoyl lactylate, sorbate monostearate, nonfat milk, calcium acetate, guar gum, xanthan gum, polysorbate 60.	
Nutrition Facts	
Serving Size: 156g (1 cake)	
Amount Per Serving:	
Calories per Serving	650
Calories from Fat	290
Total Fat	33g
Saturated Fat	6g
Cholesterol	55mg
Sodium	400mg
Total Carbohydrate	83g
Dietary Fiber	1g
Sugars	39g
Protein	7g
This product should not be consumed by those individuals with allergies to Gluten, Eggs, Soy, Tree Nuts, Peanuts, Sulfites, or Dairy.	

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Mississippi Mud Bars

Sugar, whole eggs, margarine (soybean oil, partially hydrogenated soybean oil, water, salt, lecithin, mono and diglycerides, sodium benzoate [preservative], artificial butter flavor, beta carotene [color], vitamin A palmitate), flour (bleached wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), light brown sugar, cocoa, white chocolate (sugar, partially hydrogenated palm kernel oil, non-fat dry milk, whole milk powder, hydrogenated palm oil, soya lecithin [added as an emulsifier], vanillin [an artificial flavoring]), fondant (liquid sugar, corn syrup), fudge (cocoa [processed with alkali], vegetable shortening [partially hydrogenated soybean, cottonseed and/or canola oils], corn syrup solids, soy oil, contains 2% or less of: soya lecithin, salt, chocolate liquor and artificial flavoring), heavy cream (cream, carrageenan, mono and diglycerides [contains milk]), soybean oil, pastry cream (modified food starch, dextrose, salt, titanium dioxide, contains 2% or less of: carrageenan, glucono delta lactone, sodium benzoate, potassium sorbate, artificial flavoring, yellow #5, yellow #6), coconut oil, butter, vanilla, lecithin (as a fluid, unbleached, natural soy lecithin), salt.

Nutrition Facts

Serving Size: 6.17oz (1 bar)

Amount Per Serving:

Calories per Serving	580
Calories from Fat	300
Total Fat	33g
Saturated Fat	11g
Cholesterol	35mg
Sodium	360mg
Total Carbohydrate	67g
Dietary Fiber	1g
Sugars	46g
Protein	4g

This product should not be consumed by those individuals with allergies to Eggs, Soy, Sulfites, Dairy, Gluten, Chocolate, Chocolate Derivatives, Tree Nuts, Peanuts, or Corn.

Seven Layer Bars

Chocolate chips (sugar, partially hydrogenated palm kernel oil, cocoa [processed with alkali], sorbitan monostearate [an emulsifier], soya lecithin [an emulsifier], salt, vanillin [an artificial flavor]), sweet condensed milk (milk, sugar), marshmallows (sugar, corn syrup, water, kosher fish gelatin, egg whites, corn starch, vanilla flavors), graham (enriched wheat flour [niacin, reduced iron, thiamin mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid], high fructose corn syrup, whole wheat flour, partially hydrogenated soy bean and/or cottonseed oil, contains 2% or less of: baking soda, salt, honey, sodium sulfite, soy lecithin), coconut, sugar, butter, walnuts.

Nutrition Facts

Serving Size: 3.4oz (1 bar)

Amount Per Serving:

Calories per Serving	460
Calories from Fat	210
Total Fat	23g
Saturated Fat	11g
Cholesterol	25mg
Sodium	250mg
Total Carbohydrate	63g
Dietary Fiber	2g
Sugars	38g
Protein	4g

This product should not be consumed by those individuals with allergies to Chocolate, Chocolate Derivatives, Corn, Soy, Dairy, Eggs, Sulfites, Tree Nuts, Peanuts, or Gluten.