

MISCELLANEOUS PASTRY DATA

Marylou's News, Inc.

CINNAMON ROLL WITH ICING	CINNAMON ROLL WITH CREAM CHEESE FROSTING	RASPBERRY PIE DOUGH TWISTS	CINNAMON PIE DOUGH TWISTS								
<p>Enriched Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Partially Hydrogenated Corn, Soybean, and/or Cottonseed Oil, Sugar, Pastry Flour, Corn Syrup, Whole Eggs, Water, Mono and Diglycerides, Yeast, Salt, Cinnamon, Sodium Stearoyl Lactylate, Ascorbic Acid, Lecithin, Nonfat Dry Milk, Corn Starch-Modified, Agar, Titanium Dioxide, Micro Crystalline Cellulose, Casein, Baking Soda, Xanthan Gum, Potassium Sorbate (as a preservative).</p>	<p>Bleached Wheat Flour: (enriched with: niacin, reduced iron, thiamine mono-nitrate, riboflavin, folic acid), malted barley flour), water, margarine (partially hydrogenated vegetable oil and cottonseed oil, mono and diglycerides, calcium disodium, EDTA added as a preservative, vitamin A palmitate added, lecithin, potassium sorbate and sodium benzoate, artificial butter flavor, beta carotene), sugar, cream cheese (pasteurized milk and cream, cheese cultures, salt, guar and/or locust bean and/or carrageen gums), whole eggs, yeast, whey, vital wheat gluten (polysorbate 60, sodium stearoyl lactylate, soy flour), baking soda, corn syrup, cinnamon, molasses, mono & diglycerides, potassium sorbate, mono-calcium phosphate, annatto color, calcium propionate, glucono delta lactone and benzoic acid (preservative).</p>	<p>Bleached Wheat Flour (enriched with Niacin, Reduced Iron, Thiamine Mono-nitrate, Riboflavin, Folic Acid), Malted Barley Flour, Water, Margarine, Sugar, Eggs, Yeast, Raspberries, Corn Syrup, Partially Hydrogenated Vegetable Shortening (soy and/or cottonseed), water, sugar, salt, High Fructose Corn Syrup, Corn Syrup, Raspberries, Leavening Agents (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), dextrin, maltodextrin, modified food starch, citric acid, potassium sorbate, monocalcium phosphate, 2% or less agar, locust bean gum, annatto color, calcium propionate, artificial color F.D.C. Red #40, natural and artificial flavor.</p>	<p>Bleached Wheat Flour, Partially Hydrogenated Vegetable Shortening, Water, Sugar, Syrup, Cinnamon, Molas Leavening Agents, Sal Dextrin, Maltodextrin, Modified Food Starch, Agar, Locust Gum, Annatto, Calcium Propionate, Natural and Artificial Flavor, Potassium Sorbate, Monocalcium Phosphate.</p>								
Nutrition Facts	Nutrition Facts	Nutrition Facts	Nutrition Facts								
<p>Serving Size: 4 oz (1 roll)</p>	<p>Serving Size: 1 roll</p>	<p>Serving Size: 1 stick</p>	<p>Serving Size: 1 stick</p>								
<p>Amount Per Serving:</p>	<p>Amount Per Serving:</p>	<p>Amount Per Serving:</p>	<p>Amount Per Serving:</p>								
<table border="1"> <tr><td>Calories</td><td>530</td></tr> </table>	Calories	530	<table border="1"> <tr><td>Calories</td><td>428</td></tr> </table>	Calories	428	<table border="1"> <tr><td>Calories</td><td>530</td></tr> </table>	Calories	530	<table border="1"> <tr><td>Calories</td><td></td></tr> </table>	Calories	
Calories	530										
Calories	428										
Calories	530										
Calories											
<table border="1"> <tr><td>Calories from Fat</td><td>270</td></tr> </table>	Calories from Fat	270	<table border="1"> <tr><td>Calories from Fat</td><td>147</td></tr> </table>	Calories from Fat	147	<table border="1"> <tr><td>Calories from Fat</td><td>320</td></tr> </table>	Calories from Fat	320	<table border="1"> <tr><td>Calories from Fat</td><td></td></tr> </table>	Calories from Fat	
Calories from Fat	270										
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Calories from Fat											
<table border="1"> <tr><td>Total Fat (g)</td><td>30</td></tr> </table>	Total Fat (g)	30	<table border="1"> <tr><td>Total Fat (g)</td><td>16</td></tr> </table>	Total Fat (g)	16	<table border="1"> <tr><td>Total Fat (g)</td><td>36</td></tr> </table>	Total Fat (g)	36	<table border="1"> <tr><td>Total Fat (g)</td><td></td></tr> </table>	Total Fat (g)	
Total Fat (g)	30										
Total Fat (g)	16										
Total Fat (g)	36										
Total Fat (g)											
<table border="1"> <tr><td>Saturated Fat (g)</td><td>6</td></tr> </table>	Saturated Fat (g)	6	<table border="1"> <tr><td>Saturated Fat (g)</td><td>4</td></tr> </table>	Saturated Fat (g)	4	<table border="1"> <tr><td>Saturated Fat (g)</td><td>9</td></tr> </table>	Saturated Fat (g)	9	<table border="1"> <tr><td>Saturated Fat (g)</td><td></td></tr> </table>	Saturated Fat (g)	
Saturated Fat (g)	6										
Saturated Fat (g)	4										
Saturated Fat (g)	9										
Saturated Fat (g)											
<table border="1"> <tr><td>Cholesterol (mg)</td><td>35</td></tr> </table>	Cholesterol (mg)	35	<table border="1"> <tr><td>Cholesterol (mg)</td><td>0</td></tr> </table>	Cholesterol (mg)	0	<table border="1"> <tr><td>Cholesterol (mg)</td><td>0</td></tr> </table>	Cholesterol (mg)	0	<table border="1"> <tr><td>Cholesterol (mg)</td><td></td></tr> </table>	Cholesterol (mg)	
Cholesterol (mg)	35										
Cholesterol (mg)	0										
Cholesterol (mg)	0										
Cholesterol (mg)											
<table border="1"> <tr><td>Sodium (mg)</td><td>550</td></tr> </table>	Sodium (mg)	550	<table border="1"> <tr><td>Sodium (mg)</td><td>414</td></tr> </table>	Sodium (mg)	414	<table border="1"> <tr><td>Sodium (mg)</td><td>290</td></tr> </table>	Sodium (mg)	290	<table border="1"> <tr><td>Sodium (mg)</td><td></td></tr> </table>	Sodium (mg)	
Sodium (mg)	550										
Sodium (mg)	414										
Sodium (mg)	290										
Sodium (mg)											
<table border="1"> <tr><td>Carbohydrates (g)</td><td>59</td></tr> </table>	Carbohydrates (g)	59	<table border="1"> <tr><td>Carbohydrates (g)</td><td>62</td></tr> </table>	Carbohydrates (g)	62	<table border="1"> <tr><td>Carbohydrates (g)</td><td>46</td></tr> </table>	Carbohydrates (g)	46	<table border="1"> <tr><td>Carbohydrates (g)</td><td></td></tr> </table>	Carbohydrates (g)	
Carbohydrates (g)	59										
Carbohydrates (g)	62										
Carbohydrates (g)	46										
Carbohydrates (g)											
<table border="1"> <tr><td>Dietary Fiber (g)</td><td>2</td></tr> </table>	Dietary Fiber (g)	2	<table border="1"> <tr><td>Dietary Fiber (g)</td><td>0</td></tr> </table>	Dietary Fiber (g)	0	<table border="1"> <tr><td>Dietary Fiber (g)</td><td>0</td></tr> </table>	Dietary Fiber (g)	0	<table border="1"> <tr><td>Dietary Fiber (g)</td><td></td></tr> </table>	Dietary Fiber (g)	
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Dietary Fiber (g)	0										
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<table border="1"> <tr><td>Sugars (g)</td><td>32</td></tr> </table>	Sugars (g)	32	<table border="1"> <tr><td>Sugars (g)</td><td>12</td></tr> </table>	Sugars (g)	12	<table border="1"> <tr><td>Sugars (g)</td><td>14</td></tr> </table>	Sugars (g)	14	<table border="1"> <tr><td>Sugars (g)</td><td></td></tr> </table>	Sugars (g)	
Sugars (g)	32										
Sugars (g)	12										
Sugars (g)	14										
Sugars (g)											
<table border="1"> <tr><td>Protein (g)</td><td>6</td></tr> </table>	Protein (g)	6	<table border="1"> <tr><td>Protein (g)</td><td>7</td></tr> </table>	Protein (g)	7	<table border="1"> <tr><td>Protein (g)</td><td>6</td></tr> </table>	Protein (g)	6	<table border="1"> <tr><td>Protein (g)</td><td></td></tr> </table>	Protein (g)	
Protein (g)	6										
Protein (g)	7										
Protein (g)	6										
Protein (g)											
<p>This product should not be consumed by those individuals with allergies to Corn, Dairy.</p>	<p>This product should not be consumed by those individuals with allergies to Gluten, Dairy.</p>	<p>This product should not be consumed by those individuals with allergies to Corn, Dairy.</p>	<p>This product should not be consumed by those individuals with allergies to Corn, Dairy.</p>								

MISCELLANEOUS PASTRY DATA

Marylou's News, Inc.

with allergens to Corn, Dairy,
Eggs, Fish, Shellfish, Soy, Sulfites,
or Gluten.

with allergens to Dairy, Dairy,
Eggs, Soy, Sulfites, Corn, Tree
Nuts or Peanuts.

with allergens to Corn, Dairy,
Eggs, Fish, Gluten, Shellfish, Soy,
Sulfites, Tree Nuts, Peanuts.

with allergens to Corn, Dairy,
Shellfish, Gluten, Soy, Sulf
Tree Nuts or Peanuts.

MISCELLANEOUS PASTRY DATA

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	MY GRANDMA'S COFFEE CAKE	NEMO'S CARROT CAKE	NEMO'S BANANA CAKE
	Sugar, Sour Cream [Cultured Pasteurized Milk, Cream, Nonfat Milk, and Rennet], Enriched Bleached Wheat Flour (Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Eggs, Soybean Oil, Walnuts, Palm Oil, Leavening (Monocalcium Phosphate, Sodium Bicarbonate, Sodium Acid Pyrophosphate, Cornstarch), Modified Food Starch, Propylene Glycol Mono- and Diesters of Fat and Fatty Acids (Emulsifier), Vanilla Extract, Cinnamon, Dextrose, Egg Whites, Mono- and Diglycerides (Emulsifiers), Salt, Natural Flavors, Sodium Stearoyl Lactylate (Emulsifier), Tetrasodium Pyrophosphate, Disodium Phosphate, Xanthan Gum, Calcium Sulphate, Gum Arabic, Soy Lecithin, Cellulose Gum, Extractives of Tumeric (for color).	Sugar, Carrots, Soybean Oil, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine, Mononitrate, Riboflavin, Folic Acid) Eggs, Cream Cheese (Pasteurized Milk, Cream, Cheese Cultures, Salt, Xanthan, and or Carob Bean, and or Guar Gums), Margarine (Soybean & Palm Oil, Water, Mono- and Diglycerides, Soy Lecithin, Sodium Benzoate as a preservative, Artificial Flavor, Vitamin A Palmitate, Annatto Turmeric extract for color), Walnuts, Baking Soda, Salt, Cinnamon, Natural & Artificial Flavor, Modified Food Starch, Potassium Sorbate (as a preservative), Polysorbate 60, Gellan Gum.	Enriched Bleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine, Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Eggs, Buttermilk, Bananas, Walnuts, Corn Syrup Solids, Whey Protein Concentrate, Natural Flavor, Sodium Bicarbonate, Salt, Food Starch Modified, Sodium Acid Polyphosphate, Monocalcium Phosphate, monoglycerides (vegetable origin), Polysorbate60, Potassium Sorbate (as a preservative), Soy Lecithin.
	Nutrition Facts	Nutrition Facts	Nutrition Facts
	Serving Size: 1 piece (1/16 of cake)	Serving Size: 3.2oz (1 cake)	Serving Size: 3oz (1 cake)
	Amount Per Serving:	Amount Per Serving:	Amount Per Serving:
540	Calories 430	Calories 390	Calories 300
330	Calories from Fat 210	Calories from Fat 190	Calories from Fat 110
37	Total Fat (g) 23	Total Fat (g) 21	Total Fat (g) 12
9	Saturated Fat (g) 7	Saturated Fat (g) 5	Saturated Fat (g) 3.5
0	Cholesterol (mg) 65	Cholesterol (mg) 50	Cholesterol (mg) 40
290	Sodium (mg) 450	Sodium (mg) 380	Sodium (mg) 320
46	Carbohydrates (g) 51	Carbohydrates (g) 47	Carbohydrates (g) 45
0	Dietary Fiber (g) <1	Dietary Fiber (g) 1	Dietary Fiber (g) <1
14	Sugars (g) 35	Sugars (g) 34	Sugars (g) 32
6	Protein (g) 5	Protein (g) 4	Protein (g) 4
be juals sh	This product should not be consumed by those individuals with allergies to Corn. Dairy.	This product should not be consumed by those individuals with allergies to	This product should not be consumed by those individuals with allergies to Corn. Dairy.

MISCELLANEOUS PASTRY DATA

Marylou's News, Inc.

ites,

Eggs, Gluten, Tree Nuts, Peanuts,
Soy, or Sulfites.

Corn, Dairy, Eggs, Gluten, Soy,
Sulfites, Tree Nuts or Peanuts.

Eggs, Gluten, Soy, Sulfites, Tree
Nuts or Peanuts.

MISCELLANEOUS PASTRY DATA

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NEMO'S CHOCOLATE CAKE	GLAZED CHOCOLATE DONUT HOLES	GLAZED VANILLA DONUT HOLES	APPLE FRITTERS
<p>Sugar, Buttermilk, Enriched Wheat Flour (Wheat Flour, Niacin, Iron, Thiamine, Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Eggs, Cocoa (processed Alkali), Cream Cheese (Pasteurized Milk, Cream, Cheese Cultures, Salt, Xanthan, and or Carob Bean, and or Guar Gums), Margarine (Soybean & Palm Oil, Water, Mono- and Diglycerides, Soy Lecithin, Sodium Benzoate as a preservative, Artificial Flavor, Vitamin A Palmitate, Annatto Turmeric extract for color), Food Starch Modified, Baking Soda, Salt, Natural & Artificial Flavor, Monoglycerides, (Vegetable Origin), Polysorbate60, Potassium Sorbate as a preservative, Gellan Gum.</p>	<p>ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, PALM OIL, EGGS, CORNSTARCH, COCOA PROCESSED WITH ALKALI, SOYBEAN OIL, DEXTROSE, DEFATTED SOY FLOUR, CORN SYRUP, NATURAL FLAVOR, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), WHEAT STARCH, CARAMEL COLOR, MONO- AND DIGLYCERIDES, SOY LECITHIN, SODIUM STEAROYL LACTYLATE, NONFAT MILK POWDER, SALT, TREHALOSE, MODIFIED CORN STARCH, AGAR, GLYCERIN, SODIUM PROPIONATE (FOR FRESHNESS), PROPYLENE GLYCOL, SODIUM BENZOATE (A PRESERVATIVE), POTASSIUM SORBATE, METHYL & PROPYL PARABENS, CITRIC ACID.</p>	<p>ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, PALM OIL, DEFATTED SOY FLOUR, RYE FLOUR, CORN STARCH, SOYBEAN OIL, CORN SYRUP, DEXTROSE, TREHALOSE, SALT, SODIUM PROPIONATE (FOR FRESHNESS), WHEY, EGGS, MONO- AND DIGLYCERIDES, SOY FLOUR, POLYSORBATE 60, SPICES, NATURAL AND ARTIFICIAL FLAVOR, SODIUM STEAROYL LACTYLATE, GUAR GUM, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MILK PROTEIN CONCENTRATE, GLYCERINE, MODIFIED CORN STARCH, AGAR, PROPYLENE GLYCOL, SODIUM BENZOATE (A PRESERVATIVE), POTASSIUM SORBATE, METHYL & PROPYL PARABENS, CITRIC ACID.</p>	<p>ENRICHED BLEACHED WH FLOUR (WHEAT FLOUR, NI REDUCED IRON, THIAM MONONITRATE, RIBOFLA FOLIC ACID, ENZYME), P OIL, WATER, SUGAR, DEXTROSE. CONTAINS 2% LESS OF: CORN SYRUP MODIFIED FOOD STARCH APPLES, POTASSIUM SORB SODIUM BENZOATE, AN SODIUM PROPIONATE (PRESERVATIVES), SPIC MALITOL SYRUP, SALT, CI ACID, CORNSTARCH, DO CONDITIONER (SOY FLO WHEY, SALT, SODIUM AL PYROPHOSPHATE, SODI BICARBONATE, LECITHI SODIUM STEAROYL LACTY GUAR GUM, CALCIUM PROPIONATE, SOY OIL ASCORBIC ACID, EXTRACT ANNATTO AND TURMERIK CYSTEINE, ENZYMES), YE, CINNAMON, MONO- AN DIGLYCERIDES FROM VEGETABLE OILS WITH TI TO HELP PROTECT FLAV CALCIUM CARBONATE CALCIUM SULFATE, VEGET GUM (AGAR, LOCUST/BE GUM), SODIUM PHOSPH MALTODEXTRIN, PROPYL GLYCOL, ARTIFICIAL FLAV ETHYL ALCOHOL, ECC</p>
Nutrition Facts	Nutrition Facts	Nutrition Facts	Nutrition Facts
<p>Serving Size: 3oz (1 cake)</p>	<p>Serving Size: 57g (1/2 package)</p>	<p>Serving Size: 57g (1/2 package)</p>	<p>Serving Size: 128 1 fritter</p>
<p>Amount Per Serving:</p>	<p>Amount Per Serving:</p>	<p>Amount Per Serving:</p>	<p>Amount Per Serving:</p>
<p>Calories 300</p>	<p>Calories 210</p>	<p>Calories 210</p>	<p>Calories</p>
<p>Calories from Fat 110</p>	<p>Calories from Fat 90</p>	<p>Calories from Fat 90</p>	<p>Calories from Fat</p>
<p>Total Fat (g) 12</p>	<p>Total Fat (g) 10</p>	<p>Total Fat (g) 11</p>	<p>Total Fat (g)</p>
<p>Saturated Fat (g) 3</p>	<p>Saturated Fat (g) 5</p>	<p>Saturated Fat (g) 5</p>	<p>Saturated Fat (g)</p>
<p>Cholesterol (mg) 35</p>	<p>Cholesterol (mg) 10</p>	<p>Cholesterol (mg) 10</p>	<p>Cholesterol (mg)</p>
<p>Sodium (mg) 280</p>	<p>Sodium (mg) 230</p>	<p>Sodium (mg) 280</p>	<p>Sodium (mg)</p>
<p>Carbohydrates (g) 44</p>	<p>Carbohydrates (g) 27</p>	<p>Carbohydrates (g) 26</p>	<p>Carbohydrates (g)</p>
<p>Dietary Fiber (g) 2</p>	<p>Dietary Fiber (g) 1</p>	<p>Dietary Fiber (g) 1</p>	<p>Dietary Fiber (g)</p>
<p>Sugars (g) 30</p>	<p>Sugars (g) 14</p>	<p>Sugars (g) 13</p>	<p>Sugars (g)</p>
<p>Protein (g) 4</p>	<p>Protein (g) 3</p>	<p>Protein (g) 3</p>	<p>Protein (g)</p>
<p>This product should not be consumed by those individuals with allergies to Chocolate,</p>	<p>This product should not be consumed by those individuals with allergies to Chocolate</p>	<p>This product should not be consumed by those individuals</p>	<p>This product should not consumed by those indivic</p>

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Chocolate Derivatives, Corn, Dairy, Eggs, Gluten, Soy, Sulfites, Tree Nuts or Peanuts.	with allergies to Chocolate, Chocolate Derivatives, Dairy, Eggs, Gluten, Soy.	with allergies to Dairy, Eggs, Gluten, Soy.	with allergies to Dairy, Eg Gluten, Soy.
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MISCELLANEOUS PASTRY DATA
Marylou's News, Inc.

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