

FROZEN DRINKS DATA  
Marylou's News, Inc.

FROZEN RED BULL INFUSION made with Original Red Bull			
Carbonated Water, Sucrose, Glucose, Citric Acid, Taurine, Sodium Citrate, Magnesium Carbonate, Caffeine, Glucuronolactone, Inositol, Nicotinamide, Calcium Pantothenate, Pyridoxine HCl, Vitamin B12, Natural and Artificial Flavors, Colors. Pure Cane Sugar, Water, Natural Flavors, Citric Acid and/or Malic Acid, Sodium Benzoate (to preserve freshness), Caramel Color, FD&C red #40.			
Nutrition Facts			
Serving Size: 24oz (medium)			
Amount Per Serving:	Raspberry	Watermelon	Strawberry
Calories	470	430	430
Calories from Fat	0	0	0
Total Fat	0	0	0
Saturated Fat	0	0	0
Cholesterol	0	0	0
Sodium	100	100	100
Carbohydrates	120	104	108
Dietary Fiber	0	0	0
Sugars	119	103	103
Protein	<1	<1	<1
The nutritional information provided is based on Marylou's beverage recipes. Due to the handcrafted nature of each beverage, exact information may vary.			
This beverage is allergen free, but should not be consumed by those individuals who are sensitive to caffeine.			

FROZEN RED BULL INFUSION made with Sugar Free Red Bull			
Carbonated Water, Citric Acid, Taurine, Sodium Citrate, Magnesium Carbonate, Caffeine, Acesulfame K, Aspartame, Inositol, Nicotinamide, Calcium Pantothenate, Pyridoxine HCl, Vitamin B12, Xanthan Gum, Natural and Artificial Flavors, Colors. Pure Cane Sugar, Water, Natural Flavors, Citric Acid and/or Malic Acid, Sodium Benzoate (to preserve freshness), Caramel Color, FD&C red #40.			
Nutrition Facts			
Serving Size: 24oz (medium)			
Amount Per Serving:	Raspberry	Watermelon	Strawberry
Calories	370	330	330
Calories from Fat	0	0	0
Total Fat	0	0	0
Saturated Fat	0	0	0
Cholesterol	0	0	0
Sodium	100	100	100
Carbohydrates	95	79	83
Dietary Fiber	0	0	0
Sugars	92	76	76
Protein	<1	<1	<1
The nutritional information provided is based on Marylou's beverage recipes. Due to the handcrafted nature of each beverage, exact information may vary.			
This beverage is allergen free, but should not be consumed by those individuals who are sensitive to caffeine.			

SCREAMER		
Sugar, Non-Dairy Creamer (Partially Hydrogenated Coconut Oil, Corn Syrup Solids, Sodium Caseinate, Sugar, Dipotassium Phosphate, Propylene Glycol Ester of Fatty Acids, Mono & Diglycerides, Sodium Silicoaluminate, Salt, Soy Lecithin, Carrageen, Artificial Flavor and Color), Nonfat Dry Milk, Honey, Natural Tea, Spices, Natural and Artificial Flavors, Cellulose Gum, Silicon Dioxide (prevents caking).		
Nutrition Facts		
Serving Size: 16oz (small)		
Amount Per Serving:	made with whole milk	made with skim milk
Calories	412.5	367.5
Calories from Fat	122.5	70
Total Fat	14	8
Saturated Fat	10.75	7
Cholesterol	26.25	0
Sodium	240	247.5
Carbohydrates	63	63.75
Dietary Fiber	0	0
Sugars	52.25	53
Protein	10	10
The nutritional information provided is based on Marylou's beverage recipes. Due to the handcrafted nature of each beverage, exact information may vary.		
This beverage should not be consumed by those individuals with allergies to Corn, Dairy, Soy or Sulfites.		

VANILLA FROSTYLOU		
Sugar, Non-Dairy Creamer (Hydrogenated Coconut Oil, Corn Syrup Solids, Sodium Caseinate, Sugar, Dipotassium Phosphate, Propylene Glycol Ester of Fatty Acids, Mono & Diglycerides, Sodium Silicoaluminate, Salt, Soy Lecithin, Carrageenan, Artificial Flavor and Color), Nonfat Dry Milk, Maltodextrin, Coffee, Salt, Carrageenan, Natural and Artificial Flavor, Silicon Dioxide (anticaking agent).		
Nutrition Facts		
Serving Size: 16oz (small)		
Amount Per Serving:	made with whole milk	made with skim milk
Calories	559.16	514.16
Calories from Fat	299.16	246.66
Total Fat	31.66	25.66
Saturated Fat	22.52	18.77
Cholesterol	75.13	48.88
Sodium	270	277.5
Carbohydrates	64.77	65.52
Dietary Fiber	0	0
Sugars	50.02	49.77
Protein	11	11
The nutritional information provided is based on Marylou's beverage recipes. Due to the handcrafted nature of each beverage, exact information may vary.		
This beverage should not be consumed by those individuals with allergies to Corn, Dairy, Soy, Sulfites, Tree Nuts, or Peanuts.		

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MOCHA FROSTYLOU		
<p>Sugar, Non-Dairy Creamer (Hydrogenated Coconut Oil, Corn Syrup Solids, Sodium Caseinate, Sugar, Dipotassium Phosphate, Propylene Glycol Ester of Fatty Acids, Mono &amp; Diglycerides, Sodium Silicoaluminate, Salt, Soy Lecithin, Carrageenan, Artificial Flavor and Color), Nonfat Dry Milk, Maltodextrin, Cocoa (processed with Alkali), Coffee, Salt, Carrageenan, Natural and Artificial Flavor, Silicon Dioxide (anticaking agent).</p>		
Nutrition Facts		
Serving Size: 16oz (small)		
Amount Per Serving:	made with whole milk	made with skim milk
Calories	549.16	504.16
Calories from Fat	299.16	246.66
Total Fat	31.66	25.66
Saturated Fat	22.52	18.77
Cholesterol	75.13	48.88
Sodium	300	307.5
Carbohydrates	63.77	45
Dietary Fiber	2	2
Sugars	49.02	49.77
Protein	11	11
<p>The nutritional information provided is based on Marylou's beverage recipes. Due to the handcrafted nature of each beverage, exact information may vary.</p>		
<p>This beverage should not be consumed by those individuals with allergies to Corn, Dairy, Soy, Sulfites, Tree Nuts, or Peanuts.</p>		

STRAWBERRY FROSTYLOU		
<p>Sugar, Non-Dairy Creamer (Hydrogenated Coconut Oil, Corn Syrup Solids, Sodium Caseinate, Sugar, Dipotassium Phosphate, Propylene Glycol Ester of Fatty Acids, Mono &amp; Diglycerides, Sodium Silicoaluminate, Salt, Soy Lecithin, Carrageenan, Artificial Flavor and Color), Nonfat Dry Milk, Maltodextrin, Coffee, Salt, Carrageenan, Natural and Artificial Flavor, Silicon Dioxide (anticaking agent). High Fructose Corn Syrup, Water, Sugar, Corn Syrup, Contains 2% or less of Artificial Flavor, Citric Acid, Sodium Benzoate, Xanthan Gum, Artificial Flavor (Red 40).</p>		
Nutrition Facts		
Serving Size: 16oz (small)		
Amount Per Serving:	made with whole milk	made with skim milk
Calories	659.16	614.16
Calories from Fat	299.16	246.66
Total Fat	31.66	25.66
Saturated Fat	22.52	18.77
Cholesterol	75.13	48.88
Sodium	280	287.5
Carbohydrates	90.77	91.52
Dietary Fiber	0	0
Sugars	75.02	74.77
Protein	11	11
<p>The nutritional information provided is based on Marylou's beverage recipes. Due to the handcrafted nature of each beverage, exact information may vary.</p>		
<p>This beverage should not be consumed by those individuals with allergies to Corn, Dairy, Soy, Sulfites, Tree Nuts, or Peanuts.</p>		

FUDGEZYCLE		
<p>Sugar, Cocoa (processed with Alkali), Non-Dairy Creamer (Partially Hydrogenated Soybean Oil, Corn Syrup Solids, Potassium Caseinate, Sugar, Dipotassium Phosphate, Mono and Diglycerides, Salt, Sodium Stearol Lactylate, Carrageen, Artificial Flavor, Annatto and Turmeric), Nonfat Dry Milk, Cellulose Gum, Salt, Sodium Citrate, Natural and Artificial Flavor, Silicon Dioxide (prevents caking).</p>		
Nutrition Facts		
Serving Size: 16oz (small)		
Amount Per Serving:	made with whole milk	made with skim milk
Calories	499.16	454.16
Calories from Fat	239.16	186.66
Total Fat	24.66	18.66
Saturated Fat	13.52	9.77
Cholesterol	75.13	48.88
Sodium	310	317.5
Carbohydrates	72.77	73.52
Dietary Fiber	2	2
Sugars	66.02	65.77
Protein	10	10
<p>The nutritional information provided is based on Marylou's beverage recipes. Due to the handcrafted nature of each beverage, exact information may vary.</p>		
<p>This beverage should not be consumed by those individuals with allergies to Chocolate, Chocolate Derivatives, Corn, Dairy, Soy, Sulfites, Tree Nuts, or Peanuts.</p>		

OREO COOKIE MONSTER		
<p>Sugar, Non-Dairy Creamer (Hydrogenated Coconut Oil, Corn Syrup Solids, Sodium Caseinate, Sugar, Dipotassium Phosphate, Propylene Glycol Ester of Fatty Acids, Mono &amp; Diglycerides, Sodium Silicoaluminate, Salt, Soy Lecithin, Carrageenan, Artificial Flavor and Color), Nonfat Dry Milk, Maltodextrin, Coffee, Salt, Carrageenan, Natural and Artificial Flavor, Silicon Dioxide (anticaking agent). Sugar, Unbleached Enriched Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, [vitamin b1], riboflavin [vitamin b2], folic acid), High Oleic Canola Oil and/or Palm Oil, and/or Canola Oil, and/or Soybean Oil, Cocoa (processed with Alkali), High Fructose Corn Syrup, Cornstarch, Leavening (Baking Soda and/or Calcium Phosphate), Salt, Soy Lecithin, Vanillin- an artificial flavor, Chocolate.</p>		
Nutrition Facts		
Serving Size: 16oz (small)		
Amount Per Serving:	made with whole milk	made with skim milk
Calories	624.16	579.16
Calories from Fat	321.66	269.16
Total Fat	34.16	25.66
Saturated Fat	22.52	21.27
Cholesterol	75.13	48.88
Sodium	335	342.5
Carbohydrates	64.77	65.52
Dietary Fiber	<1	<1
Sugars	55.52	55.27
Protein	11.5	11.5
<p>The nutritional information provided is based on Marylou's beverage recipes. Due to the handcrafted nature of each beverage, exact information may vary.</p>		
<p>This beverage should not be consumed by those individuals with allergies to Chocolate, Chocolate Derivatives, Corn, Dairy, Gluten, Soy, Sulfites, Tree Nuts, Peanuts, or Wheat.</p>		

FROZEN MINTY LOU		
<p>Sugar, Non-Dairy Creamer (Hydrogenated Coconut Oil, Corn Syrup Solids, Sodium Caseinate, Sugar, Dipotassium Phosphate, Propylene Glycol Ester of Fatty Acids, Mono &amp; Diglycerides, Sodium Silicoaluminate, Salt, Soy Lecithin, Carrageenan, Artificial Flavor and Color), Nonfat Dry Milk, Maltodextrin, Cocoa (processed with Alkali), Coffee, Salt, Carrageenan, Natural and Artificial Flavor, Silicon Dioxide (anticaking agent). Pure Cane Sugar, Water, Natural Flavors Citric Acid, Sodium Benzoate, Potassium Sorbate (preservative), FD&amp;C Yellow #5, FD&amp;C Blue #1.</p>		
Nutrition Facts		
Serving Size: 16oz (small)		
Amount Per Serving:	made with whole milk	made with skim milk
Calories	634.16	589.16
Calories from Fat	299.16	246.66
Total Fat	31.66	25.66
Saturated Fat	22.52	18.77
Cholesterol	75.13	48.88
Sodium	305	312.5
Carbohydrates	84.77	66
Dietary Fiber	2	2
Sugars	69.02	69.77
Protein	11	11
<p>The nutritional information provided is based on Marylou's beverage recipes. Due to the handcrafted nature of each beverage, exact information may vary.</p>		
<p>This beverage should not be consumed by those individuals with allergies to Corn, Dairy, Soy, Sulfites, Tree Nuts or Peanuts.</p>		

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BUBBLE GUM KIDZ KREAMZ	
Sugar, Maltodextrin, Corn Syrup Solids, Nonfat Milk, Partially Hydrogenated Coconut Oil, Artificial Flavors, Sodium Caseinate (a milk derivative), Xanthan Gum, Dipotassium Phosphate, Mono- and Diglycerides (a soy derivative), Silicon Dioxide (anticaking agent), Sodium Silicoaluminate, Soy Lecithin (emulsifier), FD&C Red #40, Annatto Extract (for color).	
Nutrition Facts	
Serving Size: 16oz (small)	
Amount Per Serving:	
Calories	432.5
Calories from Fat	102.5
Total Fat	12
Saturated Fat	9.75
Cholesterol	26.25
Sodium	220
Carbohydrates	71
Dietary Fiber	0
Sugars	48.25
Protein	8
The nutritional information provided is based on Marylou's beverage recipes. Due to the handcrafted nature of each beverage, exact information may vary.	
This beverage should not be consumed by those individuals with allergies to Corn, Dairy, Egg, Sulfites, Tree Nuts, or Peanuts.	

COTTON CANDY KIDZ KREAMZ	
Sugar, Fructose, Corn Syrup Solids, Nonfat Milk, Partially Hydrogenated Coconut Oil, Artificial Flavors, Maltodextrin, Sodium Caseinate (a milk derivative), Xanthan Gum, Dipotassium Phosphate, Mono- and Diglycerides (a soy derivative), Silicon Dioxide (anticaking agent), Sodium Silicoaluminate, Soy Lecithin (emulsifier), FD&C Blue #1, Annatto Extract (for color).	
Nutrition Facts	
Serving Size: 16oz (small)	
Amount Per Serving:	
Calories	432.5
Calories from Fat	102.5
Total Fat	12
Saturated Fat	9.75
Cholesterol	26.25
Sodium	190
Carbohydrates	53
Dietary Fiber	0
Sugars	60.25
Protein	8
The nutritional information provided is based on Marylou's beverage recipes. Due to the handcrafted nature of each beverage, exact information may vary.	
This beverage should not be consumed by those individuals with allergies to Corn, Dairy, Egg, Sulfites, Tree Nuts, or Peanuts.	

ORANGE CREAMSICLE KIDZ KREAMZ	
Sugar, Fructose, Corn Syrup Solids, Maltodextrin, Nonfat Milk, Partially Hydrogenated Coconut Oil, Natural and Artificial Flavors, Sodium Caseinate (a milk derivative), Xanthan Gum, Citric Acid, Dipotassium Phosphate, Mono- and Diglycerides (a soy derivative), Silicon Dioxide (anticaking agent), Sodium Silicoaluminate, Soy Lecithin (emulsifier), FD&C Yellow #6, FD&C Yellow #5, Annatto Extract (for color).	
Nutrition Facts	
Serving Size: 16oz (small)	
Amount Per Serving:	
Calories	432.5
Calories from Fat	102.5
Total Fat	12
Saturated Fat	9.75
Cholesterol	26.25
Sodium	190
Carbohydrates	53
Dietary Fiber	0
Sugars	60.25
Protein	8
The nutritional information provided is based on Marylou's beverage recipes. Due to the handcrafted nature of each beverage, exact information may vary.	
This beverage should not be consumed by those individuals with allergies to Corn, Dairy, Egg, Sulfites, Tree Nuts, or Peanuts.	

CAKE BATTER	
Sugar, Coconut Oil, Corn Syrup Solids, Nonfat Dry Milk, Cream Powder, Sodium Caseinate, Natural and Artificial Flavors, Silicon Dioxide, Salt, Propylene Glycol, Esters of Fatty Acids, Mono- and Diglycerides, Dipotassium Phosphate, Carrageen, Soy Lecithin, Guar Gum, Xanthan Gum, Annatto Extract, SD & C, Yellow #5 Lake.	
Nutrition Facts	
Serving Size: 16oz (small)	
Amount Per Serving:	
Calories	472.5
Calories from Fat	212.5
Total Fat	24
Saturated Fat	19.75
Cholesterol	36.25
Sodium	270
Carbohydrates	61
Dietary Fiber	0
Sugars	54.25
Protein	10
The nutritional information provided is based on Marylou's beverage recipes. Due to the handcrafted nature of each beverage, exact information may vary.	
This beverage should not be consumed by those individuals with allergies to Corn, Dairy, Tree Nuts, Peanuts, Soy, or Sulfites.	

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PINA COOOLADA SMOOTHIE	
Water, Sugar, Coconut Milk, Pineapple Juice Concentrate, Cellulose Gel, Sodium Alginate, Mono & Diglycerides (emulsifier), Natural Flavor, Ascorbic Acid (Vitamin C).	
Nutrition Facts	
Serving Size: 16oz (small)	
Amount Per Serving:	
Calories	320
Calories from Fat	50
Total Fat	5
Saturated Fat	5
Cholesterol	0
Sodium	10
Carbohydrates	56
Dietary Fiber	6
Sugars	42
Protein	2
The nutritional information provided is based on Marylou's beverage recipes. Due to the handcrafted nature of each beverage, exact information may vary.	
This beverage should not be consumed by those individuals with allergies to Sulfites.	

MIAMI VICE SMOOTHIE	
Water, Sugar, Coconut Milk, Pineapple Juice Concentrate, Cellulose Gel, Sodium Alginate, Mono & Diglycerides (emulsifier), Natural Flavor, Ascorbic Acid (Vitamin C). Strawberries, Contains less than 5% of the following: Natural Flavor, Lemon Juice Concentrate, Lime Juice Concentrate, Citric Acid, Malic Acid, Red 40, Ascorbic Acid (Vitamin C).	
Nutrition Facts	
Serving Size: 16oz (small)	
Amount Per Serving:	
Calories	310
Calories from Fat	25
Total Fat	2.5
Saturated Fat	2.5
Cholesterol	0
Sodium	5
Carbohydrates	65
Dietary Fiber	5
Sugars	52
Protein	1
The nutritional information provided is based on Marylou's beverage recipes. Due to the handcrafted nature of each beverage, exact information may vary.	
This beverage should not be consumed by those individuals with allergies to Sulfites.	

COLOMBIAN COFFEE FREEZE	
Nonfat Milk, Sugar, Cream, Coffee Extract, Nonfat Dry Milk, Milk, Natural Flavors, Mono & Diglycerides, Guar Gum, Tripotassium Phosphate, Disodium Phosphate, Carrageenan, Locust Bean Gum.	
Nutrition Facts	
Serving Size: 16oz (small)	
Amount Per Serving:	
Calories	540
Calories from Fat	200
Total Fat	22
Saturated Fat	18
Cholesterol	80
Sodium	110
Carbohydrates	78
Dietary Fiber	8
Sugars	64
Protein	8
The nutritional information provided is based on Marylou's beverage recipes. Due to the handcrafted nature of each beverage, exact information may vary.	
This beverage should not be consumed by those individuals with allergies to Dairy or Sulfites.	

TROPICAL FRUIT FREEZE SMOOTHIE	
Strawberries, Sugar, Water, Contains less than 5% of the following: natural flavor, lemon juice concentrate, lime juice concentrate, citric acid, malic acid, red 40, ascorbic acid (vitamin c). Banana Puree, Water, Sugar, Natural Flavor, Citric Acid, Ascorbic Acid (Vitamin C).	
Nutrition Facts	
Serving Size: 16oz (small)	
Amount Per Serving:	
Calories	320
Calories from Fat	0
Total Fat	0
Saturated Fat	0
Cholesterol	0
Sodium	0
Carbohydrates	74
Dietary Fiber	3
Sugars	63
Protein	0
The nutritional information provided is based on Marylou's beverage recipes. Due to the handcrafted nature of each beverage, exact information may vary.	
This beverage should not be consumed by those individuals with allergies to Sulfites.	

KEY WEST STRAWBERRY SMOOTHIE	
Strawberries, Sugar, Water, Contains less than 5% of the following: natural flavor, lemon juice concentrate, lime juice concentrate, citric acid, malic acid, red 40, ascorbic acid (vitamin c).	
Nutrition Facts	
Serving Size: 16oz (small)	
Amount Per Serving:	
Calories	300
Calories from Fat	0
Total Fat	0
Saturated Fat	0
Cholesterol	0
Sodium	0
Carbohydrates	74
Dietary Fiber	4
Sugars	62
Protein	0
The nutritional information provided is based on Marylou's beverage recipes. Due to the handcrafted nature of each beverage, exact information may vary.	
This beverage should not be consumed by those individuals with allergies to Sulfites.	

STRAWBERRIES AND CREAM SMOOTHIE	
Strawberries, Sugar, Water, Contains less than 5% of the following: natural flavor, lemon juice concentrate, lime juice concentrate, citric acid, malic acid, red 40, ascorbic acid (vitamin c), Whipped Cream (Heavy Cream), Skim Milk, Sugar, Nonfat Milk - Solid, Corn Syrup Monoglycerides, Polysorbate 60, Natural & Artificial Vanilla, Carrageenan & Nitrous Oxide Gas.)	
Nutrition Facts	
Serving Size: 16oz (small)	
Amount Per Serving:	
Calories	373.33
Calories from Fat	73.33
Total Fat	7.33
Saturated Fat	4.89
Cholesterol	24.44
Sodium	0
Carbohydrates	78.89
Dietary Fiber	4
Sugars	66.89
Protein	0
The nutritional information provided is based on Marylou's beverage recipes. Due to the handcrafted nature of each beverage, exact information may vary.	
This beverage should not be consumed by those individuals with allergies to Dairy or Sulfites.	

CHIQUITA BANANA SMOOTHIE	
Banana Puree, Water, Sugar, Natural Flavor, Citric Acid, Ascorbic Acid (Vitamin C).	
Nutrition Facts	
Serving Size: 16oz (small)	
Amount Per Serving:	
Calories	340
Calories from Fat	0
Total Fat	0
Saturated Fat	0
Cholesterol	0
Sodium	0
Carbohydrates	74
Dietary Fiber	2
Sugars	64
Protein	0
The nutritional information provided is based on Marylou's beverage recipes. Due to the handcrafted nature of each beverage, exact information may vary.	
This beverage should not be consumed by those individuals with allergies to Sulfites.	

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FROZEN LEMONADE	
water, sugar, concentrated lemon juice, concentrated lime juice, citric acid, natural flavors.	
Nutrition Facts	
Serving Size: 16oz (small)	
Amount Per Serving:	
Calories	240
Calories from Fat	0
Total Fat	0
Saturated Fat	0
Cholesterol	0
Sodium	0
Carbohydrates	60
Dietary Fiber	0
Sugars	56
Protein	0
The nutritional information provided is based on Marylou's beverage recipes. Due to the handcrafted nature of each beverage, exact information may vary.	
This beverage contains no known allergens.	